

Essex Community Foundation
Grants and Donations awarded from the Provide Foundation 2014

Grant Applicant	Amount Awarded	Project Description - Summary	Project Area
Action for Family Carers	£5,000	To provide a respite carers service in Tollesbury. Based in Maldon, but covering a wide sector of Essex from Brentwood to Colchester AfFC provides Carers with respite breaks helps them to continue in their caring role, reducing the need for costly hospital admissions and significantly delaying the need for admission to residential care.	Maldon
Barrow Farm Riding for the Disabled	£4,905	Towards the costs of providing therapeutic riding for disabled people helping them to strengthen muscle tone, mobility and core control and improve posture. The health benefits are not just physical but also help improve self-confidence and overall health and mental well-being.	Chelmsford
BENS Braintree	£1,000	Towards the core costs of an emergency night shelter in Braintree. This homeless charity provides a 4-bed hostel in Braintree and support to those moving on to permanent accommodation.	Braintree
Blackwater Barracudas (Swimming for the Disabled)	£2,300	Towards the costs of a physio and lifeguard to enable supported swimming sessions for disabled people in the Maldon District to help improve their health and well-being. This small local charity is run entirely by 20 volunteers.	Maldon
Braintree District Mencap Society	£5,000	To provide educational and life skills activities for people with a learning disability.	Braintree
Braintree Parkinsons Group	£4,392	To provide dance and singing classes for sufferers of Parkinson's Disease in the Braintree area. They offer support to both sufferer and their carer. They hold monthly meetings and arrange several outings each year.	Braintree
Brainwave Centre Ltd	£1,000	Towards the costs of a physiotherapist at a Children's Therapy Centre based in Witham to support children with physical or cognitive disabilities.	Chelmsford and Maldon
Changing Faces	£5,000	To fund two Skin Camouflage clinics in Chelmsford. Changing Faces aims to raise awareness of disfigurement particularly through their work with schools and young people. The support and help they provide helps people to cope emotionally, in the workplace and improve their general quality of life.	Chelmsford
CHARMS - The Essex Therapy Centre	£1,000	Towards the costs of a therapy and support centre based in Chelmsford. CHARMS offers a holistic approach to the health requirements of its clients giving them ongoing support about their care, supporting their independence, alleviating the isolation they experience from their conditions.	Mid-Essex
Deafblind UK	£5,000	To expand existing support for deafblind people in mid Essex. Deafblind UK aims for equality of opportunity and equal quality of life for those with dual sensory loss. They seek to inform and enable deafblind people on communication difficulties, access to information and services, and isolation issues.	Mid-Essex
Essex Dementia Care	£5,000	To provide a Dementia Care Support Service to families across Chelmsford and Braintree. EDC provides assessment, direct support and companionship, occupational therapy, information, guidance and training through 1-2-1 support and through the Braintree activity centre. Their aim is to keep people with dementia out of long-term care and at home in their community.	Braintree and Maldon
First Stop Centre	£1,000	To support a needle exchange scheme in the Braintree District. First Stop offers a range of services to the most vulnerable people including: basic skills classes, life skills training, individual counselling, benefits and general advice, job seeking skills, advocacy service, a canteen and a drop-in service.	Braintree

Essex Community Foundation
Grants and Donations awarded from the Provide Foundation 2014

Halstead Day Centre	£5,000	To support elderly people from across the Braintree District. The centre offers its elderly beneficiaries with far more than friendship and social company – bathing, laundry, healthy meals and mental stimulation and assisted transport.	Braintree
Headway Essex	£5,000	Helping to provide a Community Support Service to people in mid Essex who are living with acquired brain injury through sporting or work accidents, road traffic accidents, assault, illness or disease.	Mid-Essex
Helping Hands Essex	£5,000	To help with the costs of supporting people with alcohol addiction. They provide temporary accomodation, a detox programme and day support services.	Mid-Essex
Look Essex	£4,800	To provide an early intervention service giving support to families with young visually impaired children to ensure healthy lifestyle choices and opportunities.	Mid-Essex
Open Road	£1,000	To establish an outreach service across Mid-Essex for people who do not traditionally engage effectively with health services. Open Road, based in Colchester, provides support for individuals affected by drugs and alcohol across Essex and Suffolk.	Mid-Essex
PARC	£3,640	To provide yoga sessions for children with disabilities. PARC offers Family Support, Pre-school and Sunday Stay and Play sessions; short break sessions including after school, Saturday, youth club and holidays.	Braintree and Chelmsford
Support 4 Sight	£1,000	To develop an information and advice service for young visually impaired people and their families in the Braintree and Chelmsford. Based at their resource centre in Saffron Walden Support4Sight offers home visiting, support at eye clinics, peer mentoring and a telephone care-line.	Braintree and Chelmsford
Stroke Club Mid Essex	£20,000	To help with the costs of running Stroke Club Mid-Essex, a small charity run entirely by volunteers. They have a 24/7 help-line, and provide advice on self-sufficiency for both the stroke victim and their families, they also give advice on benefits, counselling and advocacy where required.	Mid-Essex
The J's Hospice	£5,000	To help run group support sessions for young adults with complex life threatening conditions. The J's Hospice provides a 'virtual' hospice and respite care services to young adults aged 16-40 who are living with life limiting and life threatening and complex conditions.	Mid-Essex
Total	£91,037		